

# FREQUENTLY ASKED QUESTIONS – FAQ’S

## **A. WHY SHOULD I TAKE TREATMENT FROM YOU?**

1. Our first dictum (rule) is “DO NO HARM”.

Here, we accept the case only if it falls in our domain to CURE it, else we believe in revealing the truth in the first meeting itself about the level of recovery in the case that the patient should expect.

2. We believe in TRANSPERANCY, that’s why instead of mere TESTIMONIALS we openly display FEEDBACKS of our patients to new and old patients.

These feedbacks reveal the truth about our treatment that:

A) We are GENUINELY CONCERNED AND INTERESTED in not only curing our patients but also in their general wellbeing. We train our patients how to maintain their health lifelong.

B) We intend to cure our patients CONVENIENTLY as far as possible.

C) We give PERSONAL CARE to all our patients without discrimination.

D) We are AVAILABLE to our patients during crisis.

E) PATIENT’S SATISFACTION IS OUR PRIME GOAL. We strive to put our maximum efforts and devote enough time for each patient.

F) WE PRACTICE WHAT WE PREACH.

## **B. DOES HOMOEOPATHY PRODUCE RESULTS SLOWLY?**

The best way to come out of this prejudice is to undergo treatment from some qualified honest and efficient homoeopathic doctor. To identify such a doctor you need an unprejudiced mind. So first let us understand theoretically that it is a myth and our prejudice that homoeopathy is slow.

1. **WITHOUT A PROPER COMPARISON IT IS NOT POSSIBLE TO LABEL ANYTHING AS TALL SHORT BIG SMALL SLOW OR FAST.** When we say that homoeopathy is slow obviously we are comparing with allopathic system of medicine. **COMPARISON SHOULD BE ALWAYS IN TOTALITY.** Comparison in parts, according to our own convenience, especially where there is a question of HEALTH is unscientific illogical and unethical. For e.g. if we are comparing results of homoeopathic treatment in ASTHMA with allopathic treatment then in allopathy it is not possible to give permanent cure to patient and in homoeopathy it is possible, so there is no comparison. Rather there is a strong possibility that due to suppression of cold and cough with anti-histaminic and steroids the

disease is going to get multiplied. We cannot compare actions of these drugs with homoeopathic medicines as **THE FINAL OBJECTIVE OF BOTH THESE MODE OF TREATMENTS IS NOT ONLY DIFFERENT BUT OPPOSITE.**

Every weapon has its own advantage and limitation. Wars like MAHABHARTA cannot be won by one single weapon. Trying and expecting to cure all the different type of diseases under different stages with one system of medicine is impractical unwise inhumane and prejudiced act. Similarly there are circumstances where homoeopathy should not be the option for treatment. One such example is status asthmaticus (severe attack of asthma where bronchodilators doesn't work), acute myocardial infarct (heart attack), malaria falciparum, lung abscess etc... Only a CONSCIENTIOUS DOCTOR will guide the patient to right treatment, depending upon the scope of the system of medicine which he is practicing.

**2. THE DURATION OF TREATMENT (especially in homoeopathic treatment when permanent cure is the objective) DEPENDS UPON**

**OBJECTIVE FACTORS:**

- A) DURATION OF ILLNESS**
- B) AMOUNT OF SUPPRESSIVE TREATMENT TAKEN PRIOR TO HOMOEOPATHIC TREATMENT**
- C) TYPE OF SUPPRESSIVE DRUGS THAT HAS BEEN CONSUMED PRIOR TO HOMOEOPATHIC TREATMENT**
- D) STAGE OF DISEASE**
- E) COMPLICATIONS OF DISEASE IF ANY**

**SUBJECTIVE FACTORS:**

- A) EFFICIENCY OF DOCTOR**
- B) SINCERITY AND COOPERATION OF PATIENT**
- C) DOCTOR PATIENT RELATIONSHIP**
- D) TIME AND ENERGY WHICH THE PATIENT CAN AFFORD TO CONTRIBUTE FOR CURING HIS ILLNESS.**

Though it is uncommon but fortunately when we as homoeopathic doctors get such a patient whose illness is of very short duration and has not been treated by any other system of medicine then it is easy to demonstrate a quick response from homoeopathic medicines. Please refer to "PATIENT FEEDBACK SECTION--

HOMOEOPATHY ACTS FAST” and many other feedbacks

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PATIENT’S FEEDBACK IS ONE OF THE MOST IMPORTANT CRITERIA TO DRAW RIGHT CONCLUSIONS.

### **C. DO HOMOEOPATHIC MEDICINES HAVE SIDE EFFECTS?**

Theoretically all medicines on this earth have side effects.

Fortunately homoeopathic medicines have the least side effects. The reason being it is made in such a manner (diluted and potentized) and used in minimal dosage so as to avoid even little aggravation or side effect. In spite of this it is recommended that one should not self-medicate, as excess dose of appropriate medicine may result in aggravation.

HOMOEOPATHIC MEDICINES SHOULD BE CONSUMED STRICTLY UNDER THE SUPERVISION OF A QUALIFIED HOMOEOPATHIC DOCTOR

### **D. HOW DO HOMOEOPATHIC MEDICINES ACT?**

Neither white globule is prepared from white sugar (cheeni)

Nor does it contain white sugar.

White globules are prepared from **goat’s milk**.

Medicines are prepared from plants, minerals and animals in pure alcohol. The procedure of dilution and potentization is such that only the effect of medicine in **energy form** remains in alcohol and no matter remains. When this alcohol is poured on white globules the medicine in energy form is transferred to globules. Alcohol evaporates and medicine is preserved in globules. When these globules are chewed by patients, medicine in energy form is released in the mouth which is absorbed by the nerves. Homoeopathic medicines do not act through stomach or blood circulation.

NEITHER WHITE GLOBULES NOR THE LIQUID ALCOHOL Poured ON IT IS MEDICINE. BOTH ARE CARRIERS (vehicle) OF MEDICINE.

Few patients are under the wrong impressions that if the globules are dry it means that the effect of medicine has diminished. This is not true.

### **E. WHY DOES HOMOEOPATHY BRING OUT THE PROBLEM MORE ACUTELY BEFORE CURING IT?**

THIS IS A MISCONCEPTION.

*THE TRUTH IS, AS A RULE PATIENT UNDERGOES HOMOEOPATHIC TREATMENT ONLY AFTER SUPPRESSING IT WITH ALLOPATHIC MEDICINES FOR YEARS TOGETHER. FEW OVER ENTHUSIASTIC PATIENTS OR HOMOEOPATHIC DOCTORS STOP ALL ALLOPATHIC MEDICINES SUDDENLY, OBVIOUSLY WHICH WOULD LEAD TO SURFACING OF THE SUPPRESSED ILLNESS. THIS IS WRONGLY PERCEIVED AS INITIAL AGGRAVATION DUE TO HOMOEOPATHIC TRATMENT.*

*IN CASE OF CHRONIC ILLNESS PATIENT NEEDS TO HAVE FAITH IN THE DOCTOR WHO IS CURING HIM.*

### **F. CAN ALL DISEASES BE TREATED WITH HOMOEOPATHY?**

**NAME OF THE DISEASE** is not the first criterion to know and understand whether a particular disease is curable or not in homoeopathy.

The first criterion is to know and find out whether the **STAGE** at which the patient has been brought for homoeopathic treatment is curable or not. There are many diseases which are labeled incurable by allopathic system of medicine or need surgical intervention but homoeopathy can cure it. That's why the final judgment of deciding whether the patient's illness is in curable stage or not should be made by qualified homoeopathic doctor who is expected to be honest while giving his final verdict.

The second criterion is to know about the **type of patient** who is suffering from that disease.

Sincere cooperative patients make impossible things possible and insincere patients who come with fear distrust and antagonism make simple cases also very difficult to cure.

FORTUNATELY WE HAVE MEDICINES FOR MOST OF THE ILLNESSES IN HOMOEOPATHY but practically speaking few ailments like Lung tuberculosis, typhoid etc. are best left to be treated by allopathic system of medicines.

### **G. DO HOMOEOPATHIC MEDICINES CONTAIN STEROIDS?**

No, homoeopathic medicines do not contain steroids.

It is against the principle of homoeopathy to prescribe steroids rather we intend to reduce the dose of steroids in our patients in case he has been consuming steroids prior to our treatment and is dependent on it.

### **H. CAN I TAKE ALLOPATHIC MEDICINES ALONG WITH YOUR TREATMENT?**

IT ALL DEPENDS ON:

1. THE STAGE OF THE DISEASE
2. TYPE OF THE DISEASE
3. AMOUNT OF ALLOPATHIC MEDICINES CONSUMED
4. TYPE OF ALLOPATHIC MEDICINES CONSUMED
5. And other miscellaneous factors

If you are already consuming allopathic medicines prior to homoeopathic treatment please continue or discontinue it with doctor's consent only.

Without doctor's consent please do not start treatment for any ailment under other system of medicine.

If you are dependent on allopathic medicines, stopping it suddenly will create problems. If you are not dependent on them then continuing it unnecessarily will hamper the action of homoeopathic medicines. OUR FINAL GOAL IS TO FREE THE PATIENT FROM NOT ONLY FROM ALLOPATHIC MEDICINES BUT ALSO HOMOEOPATHIC MEDICINES. Tapering off allopathic drugs is the MOST SUITABLE OPTION which is best left to the professional judgment of homoeopathic doctor who has taken the responsibility of curing you.

## **I. IS HOMOEOPATHY EFFECTIVE IN ACUTE ILLNESS?**

**YES**, it is definitely effective in treating acute illnesses. For patient's reassurance we have tried to present patients' feedbacks that have undergone homoeopathic treatment and have found quick results. Refer under section **PATIENT'S FEEDBACK** – "Homoeopathy acts fast"

## **J. IS HOMOEOPATHIC MEDICINES HABIT FORMING?**

NO, NOT AT ALL

RATHER WE AIM AT RESTORING BACK SICK TO HEALTH IN SUCH A MANNER THAT HE SHOULD GAIN HEALTH THE DEFINITION OF WHICH IS "HEALTH WITHOUT MEDICINE"

## **K. DO I NEED TO FOLLOW ANY DIET RESTRICTION?**

STIMULANTS LIKE RAW GARLIC, RAW ONION, **COFFEE** SHOULD BE AVOIDED

OTHER SPECIFIC DIET RESTRICTIONS CAN BE SUGGESTED ONLY DEPENDING UPON THE DISEASE THE PATIENT IS SUFFERING FROM.

## **L. CAN PREGNANT WOMEN AND KIDS UNDERGO HOMOEOPATHIC TREATMENT?**

RATHER IT SHOULD BE THEIR FIRST CHOICE amongst the various systems of medicine as HOMOEOPATHY HAS NO SIDE EFFECTS (provided taken under supervision of a qualified homoeopathic doctor)